



Preschool

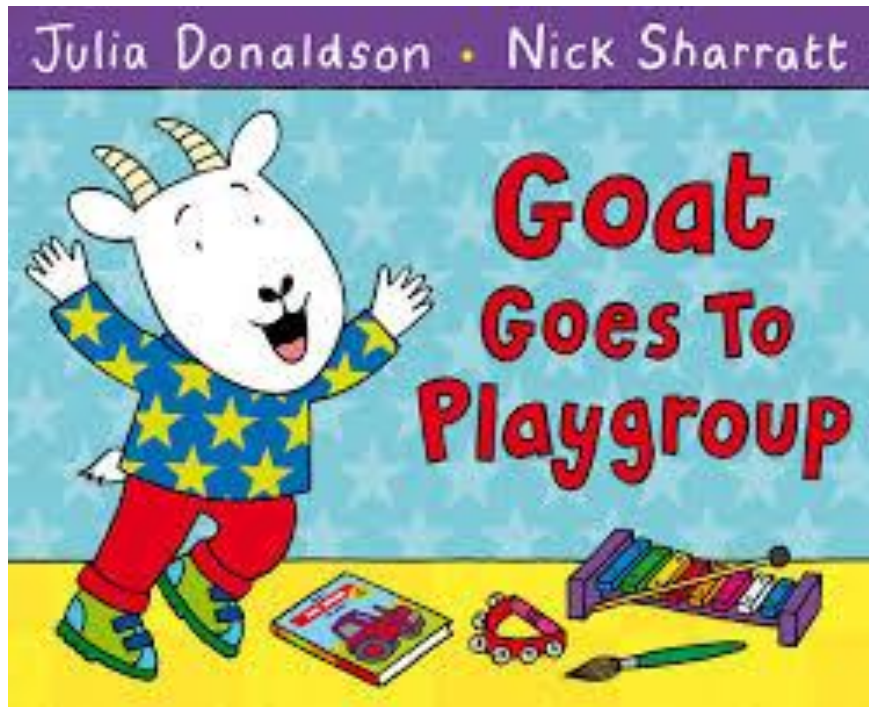
- Hi everyone, Mrs. Sullivan here.
- Parents could you please let the children know that although we are not in school we are still thinking about them.
- Please don't do everything all at once. Five minutes, at a time, is more than enough for the little ones.
- Enjoy and stay safe x



A message from Baby Shark!

- <https://youtu.be/L89nN03pBzI>

Story of the Week



Goat Goes to Playgroup

<https://youtu.be/Fyz6cTYsfko>



Rhyme of the Week

- Humpty Dumpty
- <https://youtu.be/nrv495corBc>



Let's Move!!

It's very important that we all keep moving and stay healthy. Please click the link and join in with the movement song.

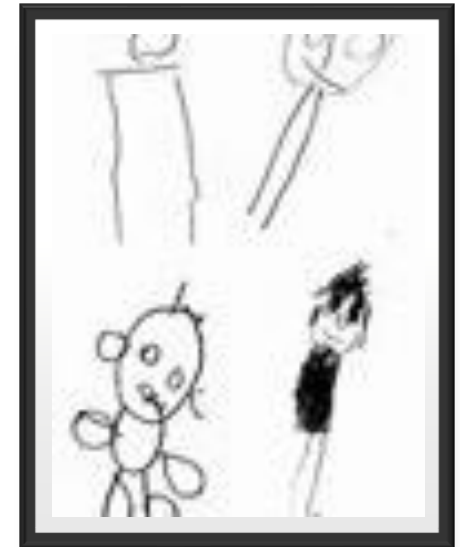
Tall as a Tree

Copy the actions using your whole body

<https://youtu.be/ypYHeGrxILg>

Mark Making Activity

In the story, of the week, Goat has lots of friends. Talk to your child about their friends from nursery and encourage them to draw a picture of their friend. Talk to them about their friends features such as hair colour. Encourage them to include facial features, arms legs, feet etc.



Maths Activity



Filling and Emptying

Today, at bath time, please provide your child with a variety of containers such as jugs and bottles of different sizes. Encourage your child to fill, empty and compare. Use language such as:

- Fill
- Empty
- Full
- More
- Less
- Pour
- Spill
- Splash

Skill of the Week

This week I would like your child to try to be more independent with dressing/undressing.

Please encourage your child to take off or put on their own coat, top or trousers.

For those who can already do these things could be encouraged to put on their own socks/shoes.



Mindfulness & Wellbeing

Mindfulness means paying full attention to something. It means slowing down to really notice what you're doing. Being **mindful** is the opposite of rushing or multitasking. When you're **mindful**, you're taking your time. You're focusing in a relaxed, easy way. (<https://kidshealth.org/en/kids/mindfulness.html>)

During these uncertain times it's really important to consider how our children are dealing with it, especially the very small children who don't have the words to explain. The following slide will show some basic emotions. Please ask your child to say or point to show how they are feeling. Talk to your child about their choice.

How are YOU today?





Activity of the Day



Making Music

In the story we can see goat making music with instruments. We can make music with anything in the house.

You could bang a pan with a spoon, tap a tin with a chopstick or fill a lidded container with dried rice.

See what instruments you can make from household items.

Use your instruments to provide some rhythm to our rhyme of the week.

Encourage your child to play their instrument at different parts in the rhyme, encourage them to play at different speed and volume,

And Finally..

We hope that you are all having fun, whilst staying home and staying safe.

We are missing you all very much and would love to see some of your work or some of the activities that you have been doing.

You can send your work by email to:

School.admin@brougham.hartlepool.sch.uk

(Don't forget to say the name of your child and add: for the attention of Preschool)

You can also send things via Twitter: @BroughamPrimary

Stay safe, have fun and we will see you very soon.

