The background features a collage of colorful geometric shapes and pencils. On the left, there are wooden blocks in blue, red, yellow, and green. On the right, several colored pencils in shades of green, yellow, orange, and red are shown. The central text is contained within a white rectangular box with a thin green border.

Preschool Home Learning October 2020

Hi Everyone

We are sorry that we can't be with you all right now.

We have prepared some learning for you whilst you stay safe, at home.

Have fun and we will see you all very soon

Preschool Home Learning October 2020 Session 1

The activities, that follow, can be done in parts so you will have plenty of time to play and talk throughout the day. Each activity should not take longer than a few minutes.

In Preschool we share 3 stories each day, so we have included these for you to share together.



Contents

- Part 1 - Movement
- Part 2 - Story & Story talk
- Part 3 - Nursery Rhyme Time
- Part 4 - Story 2
- Part 5 - Mark Making Activity
- Part 6 - Mindfulness
- Part 7 - Skill of the Week
- Part 8 - Story 3
- Part 9 - Story Activity



Let's Move

My Head, My Shoulders

- <https://www.youtube.com/watch?v=AdjyXK8w3M&list=PLV778RxDOshfsDMJlzv9eLbSIIiNZSn8v&index=58>

You Can Clap Your Hands

<https://youtu.be/8HjmEQ1tsNQ>

Wake Up Your Muscles

- <https://youtu.be/2u3KnZZkY3s>



a lift-the-flap book

Oh Dear!



Rod Campbell

Storytime 1- Oh Dear!

<https://youtu.be/XygtugVr6qQ>

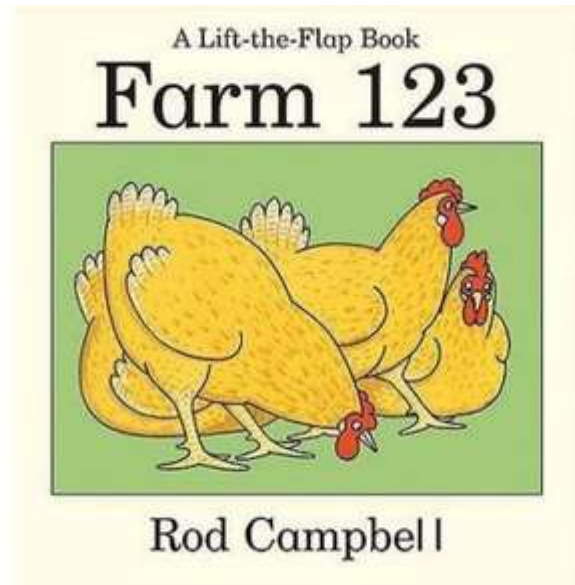
Listen to the story with your child. Talk about the animals in the story and try to recreate the animal sounds.

Listen to the story again and encourage your child to join in with the "Oh Dear!" Parts of the story.

Nursery Rhyme Time

- Old McDonald had a Farm
- https://youtu.be/s-g8UswAh_s
- This Little Piggy Went to Market
- <https://youtu.be/keXcKkuEU5g>
- Baa, Baa, Black Sheep
- https://youtu.be/ppo-BWS_bio





Storytime 2 - Farm 123

<https://youtu.be/fuBuWUWtFw0>

Mark Making Activity



This Little Piggy Stayed at Home

Make a footprint picture You could paint their feet and print them onto paper or draw around them and colour them. Don't forget the piggy rhyme whilst you're doing it.

Mindfulness and Wellbeing



- **Mindfulness means** paying full attention to something. It **means** slowing down to really notice what you're doing. Being **mindful** is the opposite of rushing or multitasking. When you're **mindful**, you're taking your time. You're focusing in a relaxed, easy way. (<https://kidshealth.org/en/kids/mindfulness.html>)
- During these uncertain times it's really important to consider how our children are dealing with it, especially the very small children who don't have the words to explain.
- The following slide will show some basic emotions. Please ask your child to say or point to show how they are feeling. Talk to your child about their choice.

How Are You Today?



Mindfulness Activity

- **Five Senses Activity**

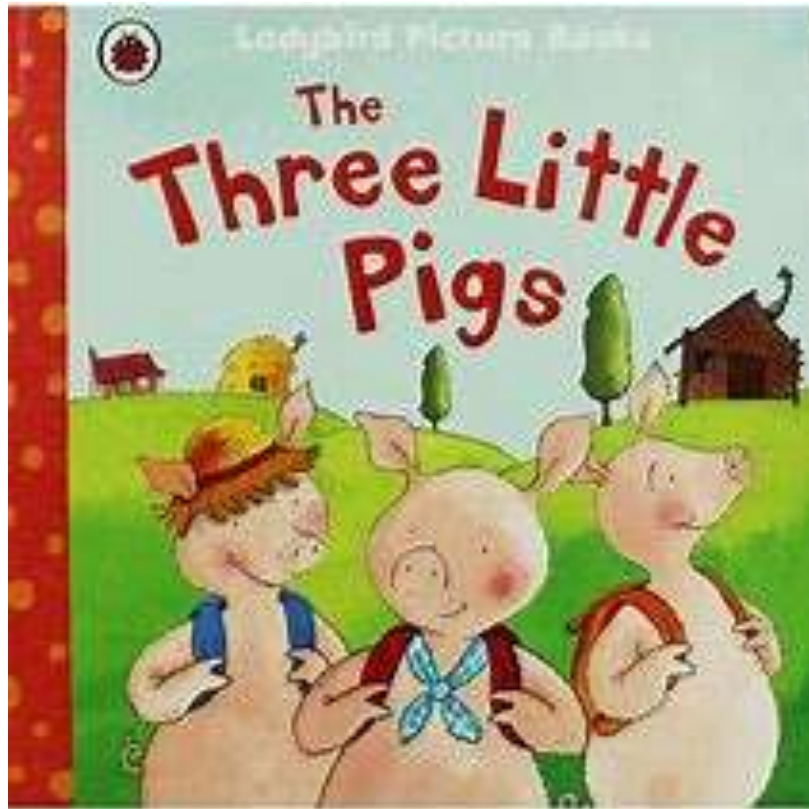
- This activity is designed to calm the mind by using your senses. Try a different space every day.
- First notice 5 things that you can see
- Second notice 4 things you can feel
- Third 3 things you can hear
- Fourth notice 2 things you can smell
- Finally notice 1 thing that you can taste





Skill of the Week

- This week I would like your child to try to be more independent with their personal hygiene
- Please encourage your child to wash and dry their own hands.
- For those who can already do this could be encouraged to brush their own teeth or wash their own hair



Storytime 3 - The Three Little Pigs

<https://youtu.be/JDYfnfUuD00>

Story Activity



- **Build With Bing**
- **In the story the pigs built their houses. Play this interactive game and help Bing Bunny with his building.**
- <https://www.bbc.co.uk/games/embed/gwhwzp9c3l?exitGameUrl=https%3A%2F%2Fwww.bbc.co.uk%2Fcbecies%2Fgames%2Fbing-build-and-play%3Fcollection%3Dfun-activities-for-toddlers-and-preschoolers>