

Brougham Primary School

Long Term Framework - P.E.

Year Groups	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Y1/2	Running and Jumping		Dance and Movement Patterns		Balance, Agility and Co-ordination		Throwing and Catching		Attacking and Defending Games		Achieving my Personal Best and Healthy, Active Lifestyles	
Y3/4	Throwing and Catching		Attacking and Defending Games		Year 3 Swimming	Year 4 Balance, Agility and Co-ordination	Year 3 Balance, Agility and Co-ordination	Year 4 Swimming	Running and Jumping		Dance and Movement Patterns	
	Achieving my Personal Best and Healthy, Active Lifestyles								Achieving my Personal Best and Healthy, Active Lifestyles			
Y5/6	Year 5 Dance and Movement Patterns	Year 6 Swimming	Year 5 Swimming	Year 6 Dance and Movement Patterns	Running and Jumping		Attacking and Defending Games		Year 5 Swimming	Year 6 Balance, Agility and Co-ordination	Year 5 Balance, Agility and Co-ordination	Year 6 Swimming
					Achieving my Personal Best and Healthy, Active Lifestyles		Achieving my Personal Best and Healthy, Active Lifestyles					