

Key Stage One Home Learning Timetable

Time	Activity	Resources
8.00-9.00	Get dressed and breakfast	
9.00-9.30	Joe Wicks YouTube Live Workout or some form of exercise	
9.30-10.15	English	Activity from school website
10.15-10.30	Snack and Break time	
10.30-11.15	Maths	Activity from school website
11.15-11.50	Phonics/Spelling	Activity from school website
11.50-1.00	Lunch and Playtime	
1.00-1.45	Foundation Subject (science, geography, history, art, PE, RE etc)	Activity from school website
1.45-2.00	Break time	
2.00-2.30	Reading	Read a book with an adult at home. You can find free online books on https://www.oxfordowl.co.uk/user/sign_up It's free to sign up and access online books for your child to read
2.30-3.00	Free Choice	Try one of the suggested activities below

Additional Suggested Activities

Go Noodle/Joe Wicks/Yoga/Mindfulness
TimesTables Rockstar (Year 2)
Phonics Play (Year 1)