



**HARTLEPOOL
BOROUGH COUNCIL**

HARTLEPOOL SUPPORT HUB

During the Coronavirus outbreak, if you are self-isolating or unable to leave your home, we're here to help you to stay safe, stay well and stay connected

The Hartlepool Support Hub offers:

- **Information and advice**
- **Emotional support**
- **Delivery of shopping / newspapers / prescriptions**
- **Links to other services that can support you**

You can contact the Support Hub by:

 **01429 272905** (10am-4pm Mondays to Fridays and 10am-12 noon Saturdays)

 **helping@hartlepool.gov.uk**
(Please provide your contact details and we will get back to you)

There is also lots of information available at www.hartlepoolnow.co.uk

 **Also available as an App**



If you would like to volunteer to support your local community, you can contact us using the same details (call **01429 272905** or e-mail helping@hartlepool.gov.uk) and we will let you know what you can do to help

Some of our residents will receive a letter advising them to self-isolate for a period of 12 weeks and that they can ask for support for food supplies if they need it. This will be co-ordinated at a local level by the Hartlepool Support Hub – but our hub services go further than that and are for all those choosing to self-isolate.