

Child Mental Health Support

If your child is feeling low in mood, worried or anxious and requires support from the schools Mental Health Support Team then please email your child's name, school, year group and your telephone number to:

cypfamilies@alliancepsychology.com and someone will contact you.

Your Mental Health Support Team is available

Monday – Thursday 8.30-5.00pm and Fridays 8.30-4.30pm.

Please note that we are not a crisis or out of hours emergency service. If you have serious concerns about your child's mental health and wellbeing then you must contact your local CAMHS Crisis service on 0300 013 2000 Option 6